

Suicide in Lane County 2000-2016

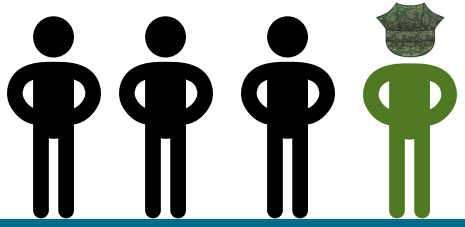
Suicide is a serious public health issue. In Lane County, the suicide rate is **50%** greater than the U.S. national average. Between 2000-2016, 1,079 Lane County residents died by suicide.

The following data points describe who they were, some of the circumstances of their deaths and what Lane County residents can do to provide hope to those at risk, connect them resources and **save a life**.

To view the full report, *Suicide in Lane County 2000-2016: Trends, Risk Factors and Recommendations*, visit preventionlane.org.

1 in 4

deaths by suicide was a veteran



9 in 10

people who died by suicide were over the age of 25

60% of men never accessed mental health services in their lifetime



Over **half** of all those who died by suicide used a firearm

35%

were experiencing financial hardship at the time of their death

1 in 3

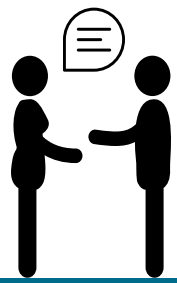
people struggled with a substance use problem

Communication Warning Signs

- Talking about wanting to die
- Feelings of hopelessness
- Feeling like a burden to others
- Feeling trapped

What you can do

Ask them if they're thinking of suicide



Connect Them With Resources

Let them know that help is available. It's OK to ask for support.



If you or someone you know is thinking of suicide, call:

NATIONAL SUICIDE PREVENTION LIFELINE
 1-800-273-TALK(8255)
suicidepreventionlifeline.org



PUBLIC HEALTH
PREVENT. PROMOTE. PROTECT.