

Human Development & Family Studies

Emotion Regulation & Relational Processes

In the Department of Human Development and Family Studies (HDFS) at Colorado State University invite applications to our competitive **Ph.D. program** in Applied Developmental Sciences (ADS) and **Master's programs** in Prevention Science and Marriage & Family Therapy (MFT). Both our ADS doctoral program and our MFT Master's program are ranked in the top 20 in the U.S. We are also excited to announce our new Prevention Science Master's program, which prepares students for a variety of careers, from applied work in human services to contributing to the knowledge base as a researcher or policy analyst.

Faculty and graduate students in the ERRP area conduct cutting-edge research on emotion regulation and self-regulation processes in human development, in romantic, familial, and social relationships, in the context of the cultural environment. As part of our emphasis on translational and community-based research, many of us conduct and evaluate interventions to promote positive regulatory processes throughout the lifespan.

Our department provides a collegial and energetic learning environment and excellent interdisciplinary research training.

Questions about our graduate program, research, or funding? Contact us at:

hdfsgradinfo@colostate.edu

Applications are due **January 2**.

Colorado State University is located in Fort Collins, an hour's drive north of Denver. Situated on the front range of the Rocky Mountains, it has excellent schools, outstanding recreational opportunities, and a sunny climate. The city has been consistently ranked as one of the best places to live in the US. www.colostate.edu



Emotion Regulation & Relational Processes Faculty

Self-regulation of Emotions & Behavior: Karen Caplovitz Barrett

- Emotion regulation and its influence on typical & atypical development
- Mindfulness-based emotion regulation intervention for young children
- Tablet assessment of executive functions and school readiness
- Social emotions (e.g., guilt and shame) and cultural influences on them
- Karen.barrett@colostate.edu

Regulation of Close Emotional Relationships: Zeynep Biringen

- Adult-child emotional availability assessment & prevention/intervention
- Mindfulness as means to stress regulation
- Parental alienation in context of high-conflict divorce
- Zeynep.biringen@colostate.edu

Romantic Relationship Regulation: Kelley Quirk

- Relationship Education
- Couple therapy effectiveness
- Awareness of romantic relationship danger signs
- Kelly.quirk@colostate.edu

Family Relationships and Child Regulation: Rachel G. Lucas-Thompson

- Parent-child relationships, marital conflict, and child health
- Multidimensional assessment of stress physiology
- Mindfulness as a buffer
- Lucas-Thompson.Rachel.Graham@colostate.edu

Emotional Aging: Gloria Luong

- Social and emotional regulation
- Stress reactivity, health, and well-being
- Cultural differences
- Gloria.Luong@colostate.edu

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