



101 E. Broadway Suite 400
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(541) 357-9764
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External Practicum Opportunities with Eugene Center for Anxiety and Stress: Evidence-Based Treatment for Anxiety, OCD, and PTSD Track

Eugene Center for Anxiety and Stress, LLC (ECAS) has two openings for advanced graduate students seeking externship opportunities starting in **Fall 2022**.

ECAS is a group practice in Eugene, Oregon founded on two pillars: a commitment to (1) anti-oppression and culturally-inclusive practices; and (2) the scientist-practitioner model, utilizing evidence-based treatments with our clients.

Practicum students are offered diverse clinical experiences in treatment of Anxiety, OCD, and PTSD, with a commitment to training in evidence-based treatments (with opportunities for training in Acceptance and Commitment Therapy and Interpersonal Therapy) and cultural humility (focusing on building a multicultural lens).

We are looking for advanced graduate students (with at least two years of clinical training in a doctoral program) in a Clinical or Counseling Psychology Ph.D. program who are curious and eager to continue growth in their clinical work by developing skills in evidence based treatments (like Exposure and Response Prevention, Acceptance and Commitment Therapy, and Mindfulness-Based Cognitive Therapy) while engaging in multicultural engagement through monthly meetings to develop skills and knowledge and practice self-awareness around areas of privilege and oppression.

Responsibilities:

The practicum student would provide psychotherapy to adults seeking treatment for anxiety, OCD, and PTSD using evidence-based practices, including but not limited to Cognitive Behavioral Therapy, Exposure and Response Prevention, Acceptance and Commitment Therapy, and Mindfulness-Based Cognitive Therapy. In addition, an emphasis is placed on case conceptualization that includes multicultural factors and utilizing evidence-based practices in a multiculturally competent manner.

Expectations:

- Practicum students are expected to make a one year commitment, from September 2022 to September 2023, and would see 4-6 clients each week.
- You would attend weekly ECAS meetings.
- ECAS is currently seeking state certification to allow practicum students to bill insurance for services. If this certification is in place by the fall, practicum students will be W-2 employees and be compensated for their time seeing clients.



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Required Qualifications: Students should be advanced graduate students with at least two years of providing individual therapy at the graduate level. Students should also have some experience providing evidence-based treatment.

Supervisors: Shannon Henry, Ph.D.
Michael Carrizales, Psy.D.

Start Date: Fall 2022

Application Process:

If you are interested, please submit:

- a **letter of interest** that includes what you are most excited to learn from the opportunity, and what skills you have that would be a good fit for the position.
- your **CV**
- **two** references (with email address and phone number)

Please submit your materials via email to admin@eugeneanxiety.com.

DUE DATE: Applications are due no later than February 25, 2022. However, applications will be reviewed in the order received, so it is possible it may be filled prior to that date.